

You could break this prayer up and use the first part when you get home from school and the second part before you go to school.

Now imagine that it is the beginning of the day and that Jesus is with you on your journey to school. This time tell him of all that you have to do in the day ahead, what you are looking forward to, what is a worry to you and what your hopes and dreams are.

Close your eyes and imagine that you are on your way home from school and that on this occasion Jesus is with you. Imagine that as you walk along you talk to him about all that has happened recently in your life, what is good, what is worrying you, what is on your mind. Tell him now imagining that there is just you and Him travelling home from school together. Spend a few minutes doing this.

Lord Jesus ... help me to hear your voice,
Show Me ...
what you want me to do and how to do it,
Help Me ... to say 'Yes' to You,
Guide Me ...
in the decisions that I have to make, and
Lead Me
... when I don't know which way to go.
Amen.

Want to Talk?

If you wish to talk to somebody about what you think God is calling you to do: *talk* to someone in your family; *talk* to a teacher; *talk* to the priest in your parish; *talk* to an adult that you trust; or *talk* to:

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A Reading from the prophet Jeremiah:
The Lord said to me, 'I chose you before I gave you life, and before you were born I selected you to be a prophet to the nations.' I answered, 'Lord I do not know how to speak; I am too young.'
But the Lord said to me 'Do not say that you are too young, but go to the people I send you to, and tell them everything I command you to say. Do not be afraid of them, for I will be with you to protect you.'

Now read the following passage from the bible slowly:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
Spend a little bit of time just trying to be still using this breathing prayer. Close your eyes and as you breath in say 'Here I am Lord' and as you breath out say 'I am listening to you'. Do this quite a few times.

God has a job for you to do...

Christ has no body on earth but yours; no feet but yours; yours are the eyes through which Christ's compassion looks out to the world; yours are the feet through which he is to go about doing good; yours are the hands through which he is to bless us now.

St Teresa of Avila (1515-82)

Say Yes to God!